

# **NAMI Presenter – Informational & Storytelling Presentations**

## **Role Summary:**

NAMI Presenters share personal stories of lived mental health experience or provide structured educational presentations to increase community understanding of mental health, reduce stigma, and connect people to NAMI resources. Presenters help audiences gain empathy, hope, and awareness through authentic storytelling and evidence-based information.

## **Key Responsibilities**

- Deliver NAMI-approved presentations such as:
  - **In Your Own Voice (IOOV)**
  - **Ending the Silence (ETS)**
  - **Compartiendo Esperanza / Sharing Hope**
  - **Mental Health 101 / Community Talks**
- Share a personal mental health story in a safe, structured, and recovery-focused way (for programs requiring lived experience)
- Provide information about mental health conditions, stigma reduction, local resources, and NAMI programs
- Attend scheduled school, community, faith-based, corporate, or virtual events
- Follow presentation scripts and guidelines to ensure message consistency
- Participate in debriefing discussions with NAMI staff and co-presenters
- Maintain privacy, professionalism, and compassionate communication

## **Qualifications**

- Willingness to share lived experience (for IOOV, ETS, Sharing Hope, Esperanza)

- Comfortable speaking in front of groups
- Strong communication and time-management skills
- Ability to maintain emotional and physical boundaries
- Completion of relevant NAMI presenter training

**Time Commitment:**

1–4 presentations per month (varies by volunteer's availability and community requests)

**Reports To:**

Program Coordinator