

NAMI Support Group Facilitator

Role Summary:

Support Group Facilitators create a safe, empathetic, and structured environment for individuals living with mental health conditions or their loved ones. Facilitators model recovery, maintain group guidelines, and encourage peer-to-peer support.

Key Responsibilities

- Lead weekly or monthly NAMI support group sessions using NAMI-approved models
- Encourage respectful sharing and maintain a supportive environment
- Ensure adherence to NAMI program principles and group guidelines
- Communicate participant needs or concerns to NAMI staff
- Attend required facilitator training and meetings

Qualifications

- Must be a peer or family member with lived experience
- Strong communication and listening skills
- Ability to maintain confidentiality
- Completion of NAMI facilitator training

Time Commitment: 2–5 hours per month

Reports To: Program Manager / Executive Director