

Youth Support Volunteer – Social Worker or Counselor

Internship Available

Role Summary:

Provide emotional support, resource navigation, and psychoeducation for youth and families participating in NAMI programs.

Key Responsibilities

- Facilitate youth support circles or workshops
- Offer guidance and referrals within scope of training
- Monitor group safety, boundaries, and confidentiality
- Assist with crisis redirection (no therapy is provided)
- Provide professional insight for program development
- Track data progress and report back

Qualifications

- Licensed or student intern in social work, counseling, psychology, or related field
- Experience with youth mental health
- Strong rapport-building and trauma-informed practices

Time Commitment: 2–6 hours per month

Reports To: Program Director/Executive Director