



# Tarrant County

## NAMI TC Board of Directors – Meeting June 4<sup>th</sup>, 2015

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**ATTENDANCE:** The meeting was called to order at 6:12 p.m. at the MHA office in the Alfred Saenz Conference Room.  
**Present:** Sherry Fairchild, PhD; Ed Guthrie; Jennifer Nunley; Brandon Alexander; Rachel Lubke; Vivian Siao; Elle Valderas  
**Absent:** Lynda Bryant; Ruth Collins; Scott Collins; Jerri Escobedo  
**Quorum:** Met  
**Staff:** Sue Adams, Julia Webb  
**Guests:** Eric Vanderwerken

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**WELCOME:** Sherry welcomed everyone and asked us to share something good that had happened to us in the last week or month. Vivian shared about her trip to South America. Sherry mentioned about the upcoming Insight Seminar and passed out flyer for it. Julia shared that her granddaughter graduated from Kindergarten.

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**MINUTES:** May 2015 minutes were reviewed for approval. Ed motioned to accept the minutes as presented, Rachel seconded. Motion passed with a vote of 5-0-0.

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**TREASURER'S REPORT** Brandon reported that our business checking had a balance of \$47,601.52 as of 5/31/2015 and our business savings had a balance of \$50,229.79. He provided detailed statements from Wells Fargo for us to review. We discussed the 2015 budget that Brandon had put together from the entire requests by BOD members. Sue mentioned that she may have asked for too little money to cover all the expenses for the Education Committee; she wanted to increase the amount to allow for Peer to Peer stipends. With that increase it would leave the total budget amount for the whole year at \$68,323.00. Elle motioned to approve the budget as presented, Rachel seconded; motion passed with a vote of 6-0-0.

Brandon presented to the BOD Assets Allocation Recommendation: we are considering this proposal because we are getting a very low return on our business savings. In the month of May, we only received a return of \$3.94 on our savings balance; which is very low. Brandon is recommending the Wells Fargo Mutual Fund. He explained in detail using a slide show about how the mutual fund would work for us to improve the return on money we have in savings. The only con to the many pros is that if a portion of our money is in a mutual fund it is not protected or guaranteed by the Federal Government. There was some discussion between the BOD members about how our bylaws would affect this decision. This decision was tabled until Brandon is able to speak to Level 4, Rachel's mother's company; and Ed will reach out to Ameriprize to see what they are willing to do to help us with this decision.

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**OLD ITEMS:** Visitor's list – Sherry handed out copies of the visitors list to have some of us call and invite them back.

Contact Hospitals/doctors – Jennifer agreed to work on this and she will be coming in to the office and working to create a database and a Word document to perform mail merge; therefore, each letter and envelope will be personally addressed.

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**NEW ITEMS:** BOD member to serve at the registration table – Rotate monthly – This was discussed however several of us are support groups leaders and can't be at the registration table and lead a group at the same time. Some people said they would be willing to serve.

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**MONTHLY MEETING PROGRAM TOPICS:** June 2015: Kristen Conner Trauma Informed Care  
Scott has confirmed Kristen Conner to speak at our monthly meeting for June.  
July and August are still being planned.

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**BOARD COMMITTEES:** **Newsletter:** Rachel, Sue and Sherry have been working on improving the newsletter. They are aiming to have the letter sent out before the 1<sup>st</sup> of the month. We all need to complete our biographies if we have not turned one in already. In addition, we need to be seeking out articles and quotes for the newsletter to be a success. Rachel would like for us to have a deadline for submission to be set on the 20<sup>th</sup> of each month.

**Membership:** Membership Increase – Sherry asked if the people who lead the support groups have been trying to promote people in the groups to be NAMI members. Everyone agreed that we should be asking at each support group meeting.

**Budget:** See Treasurer's report

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**NAMIWALK MANAGER:** Julia passed out a typed report on her progress toward the 2015 NAMIWalks. She has been recruiting volunteers to serve on different committees for the Walk. Each person on the BOD is to be a team captain and to request and secure one sponsor. Julia has planned two meetings in June for her committees to stay on the same page and focus on doing our best for our individual committees. Her first meeting is June 16<sup>th</sup> and the second one will be on June 30<sup>th</sup>. The kickoff luncheon (KOL) is scheduled for August 4, 2015 at Colonial Country Club. She requested from the BOD that they have their list of people to be invited to the KOL ready for her by June 11<sup>th</sup>. This will allow us to get invitations sent out by the second week of July. Our honorary chair is Tobi Jackson from FWISD. Mesa Springs has made a sponsorship of \$1500. Julia is concerned about the numbers being available to have an audit done before the Walk. She needs an audit to be done so she can get better sponsorships for the NAMIWalks. Vivian asked what levels of sponsorship were available. Julia gave her a copy of the sponsorship brochure.

<b>EDUCATION:</b>	NAMI Tarrant County graduated 12 people from NAMI Family to Family on May 18 <sup>th</sup> . We also had 7 people complete NAMI Peer to Peer on May 18 <sup>th</sup> . On the weekend of May 16 <sup>th</sup> , we had 7 people complete Family Support Group facilitator training which was held at MHA.
<b>ADVOCACY/ LEGISLATIVE REPORT:</b>	No report
<b>MEMBERSHIP:</b>	We had 6 new/renewals through NTC. We had 0 online new/renewals.
<b>Opportunities:</b>	The 2015 NAMI Texas Conference is slated for October 23 <sup>rd</sup> & 24 <sup>th</sup> in Dallas. As a Board we have decided that we will focus on sending people from our affiliate to the state conference and not the national convention. Sherry passed out some information for the NAMI Texas Conference that included registration amounts and the details of what that includes.
<b>Tabled Items:</b>	Discussion on how to invest our money for the greatest return and smallest risk was tabled to a future meeting.
<b>ADJOURNMENT:</b>	Meeting was adjourned at 8:20 pm. Next meeting is on July 9th, 2015; instead of July 2 <sup>nd</sup> , 2015 due to the July 4 <sup>th</sup> Holiday. To be on the agenda for the next board meeting, you must notify Sherry and Sue what your topic is and how long you will need to speak for by the 25 <sup>th</sup> of the month

Respectively submitted,

Jennifer Nunley for Ruth Collins, Secretary