



Tarrant County

NAMI TC Board of Directors – Meeting April 07, 2016

ATTENDANCE: The meeting was called to order at 6:08 p.m. at the MHA office in the Alfred Saenz Conference Room.
Present: Ed Guthrie, Christopher Janvier, Jennifer Nunley, Kim Zueck, Donna Correa, Vivian Siao, Ruth Collins, Scott Collins, Elle Valderas
Absent: Brandon Alexander, Walter Taylor, Rachel Lubke, Tammy Baxter
Quorum: Met
Staff: Sue Adams, Julia Webb
Guests: Eric Vanderwerken

WELCOME: Ed Guthrie welcomed the board

MINUTES: March 2016 minutes were distributed at the meeting. Corrections to minutes were the next meeting is 4/7/16 and the topic for the April 21st meeting is on the Stepping Up Initiative Project. Christopher Janvier moved that the minutes be approved as amended. Donna Correa seconded. Motion passed 8-0-0.

TREASURER'S REPORT: No report provided.

OLD ITEMS: Doctor's Letter: Ed requested the doctor letter be sent to him for final edits since the posters and new brochures have been procured.

Registration table – Elle Valderas will work the table this month with Eric.

Survey: Kim Zueck sent out a proposed survey for feedback. No feedback was received by Kim. Ed Guthrie will resend his comments for Kim to amend the survey. Kim will resend the survey to the board for review.

The marketing students from TCU have begun interviewing peers for their marketing campaign. The peers will be the focus of the campaign.

NEW ITEMS: Clubhouse International: The San Antonio affiliate requested a meeting with NAMI-TC to present Clubhouse International (CI). They will be in the area on April 14th. Kim Zueck requested information regarding differences between CI and other community center such as MHMR. Sue Adams stated that the current centers provide a place for people to hang out during the day. CI requires participants sign up to help in some way every time the consumer attends giving the consumer ownership in the program. Sue to set up a meeting for 3:30/4 pm on April 14th.

May is Mental Health month. The board was surveyed for ideas to mark the month. Kim Zueck will be meeting with the mayor and city council of Granbury to show the proclamation to be presented at the meeting in May. Kim suggested contacting the newspapers regarding Mental Health month. Perhaps run a weekly ad using the NAMI logo. Kim presented two ads that she had found from NAMI. Elle Valderas suggested requesting the paper run it as a public service announcement (PSA). Elle has a contact at the Star-Telegram and will see what can be done. Jennifer Nunley volunteered to take calls from the ads when the NAMI-TC office is closed if the calls can be forwarded. Julia suggested contacting Clear Channel regarding a PSA or cost of an ad.

Kim Zueck presented information on the End the Silence program and would like the board to begin working on getting it into schools for May 2017. The program is suitable for high school and junior high school ages. Ed Guthrie did a presentation of End the Silence at the Tarrant Community College Northeast

Campus. The program uses videos of high school age consumers telling their stories.

Elle Valderas requested funds to purchase mementos for the 5 community participants in the Stepping Up Initiatives. Elle also requested ideas from board members on an appropriate memento.

Ed Guthrie requested board members record names and numbers which are not valid when making follow-up calls so we can update our spreadsheet.

Chris Janvier is sending a proclamation to North Richland Hills (NRH) to be read at the May meeting. NRH has hired its first mental health peace officer, Officer Christopher Morgan. Chris is arranging to meet with him.

The board discussed the idea of raffling a \$5 gift card at the end of each meeting to encourage attendance. Chris Janvier made a motion to approve \$60 to purchase sufficient \$5 cards for the rest of the year. Scott Collins seconded the motion. Motion passed 8-0-0. Kim Zueck will purchase the cards. She also has tickets that were purchased for last year's NAMIWalk which were not used. The tickets could be used for the raffle.

MONTHLY MEETING Apr 21st: 30 Second presentations – Brandon Alexander
PROGRAM TOPICS: May 19th: Stepping Up Initiative program
Jun 16th: Legislative presentation – tentative – based on recommendation by Kim Zueck to focus on 2 or 3 bills to put on advocacy webpage. Presentation to include the bills and provide letters for consumers to mail to their respective representative or senators. Kim and Ruth Collins to work on.
Sep 15th: NAMIWalk

BOARD Newsletter: No report.
COMMITTEES: Technology: No report.
Benevolence: No new requests.
Membership: No report.
Hospitality: Kim Zueck has taken responsibility for this month's potluck. We will have a Mexican food theme. Kim would like to obtain the non-profit # and approach grocery stores in the area to provide in-kind donations for the monthly meetings.

NAMIWALK Julia Webb provided an update on the status of the NAMIWalk. Julia has been
MANAGER: learning the new "Donor Drive" software. The new software will provide customizable reports as needed. In addition, the software will send out emails to participants rather than using Constant Contact.

The next NAMIWalk Information Event is April 12 rather than April 17 as stated in the newsletter. Julia is attending Spring Fest at Tarrant County College Northeast Campus on April 13 as well as speaking to the student government senate meeting on April 18. Spring Fest requested a \$100 or in-kind donation to participate.

The registration site is open for the NAMIWalk. Board members were encouraged to sign up their teams.

Julia passed out turbandas with the NAMIWalks logo to the board.

EDUCATION: Ed Guthrie is coordinating training for 10-12 Family-to-Family facilitators. July was discussed as being a likely date.

Discussion was held on training further peer leaders. Jennifer Nunley has a list of participants who would like to become Peer-to-Peer facilitators. Jennifer also stated she would like to pursue becoming a trainer with the board approval. There are 7 trained facilitators for Connections, but only 4 actively facilitate. At a national Connections meeting, Jennifer received feedback from other participants on changing the Connections meeting from monthly to bi-monthly or weekly. The board briefly discussed ideas for locations to hold the meeting more frequently.

Family-to-Family in Grapevine has 15 attendees.

The Peer-to-Peer group at MHA has 8 attendees.

**ADVOCACY/
LEGISLATIVE
REPORT:**

The City of Fort Worth will present a proclamation to NAMI-TC during the May 3rd council meeting. In addition, Elle Valderas will be giving a 5 minute presentation at the city council meeting. The meeting is at 7 pm. Elle would like as many board members to attend as possible.

Elle received additional grant information for the police.

MEMBERSHIP:

Six new/renewals through NTC; two online new/renewals

OPPORTUNITIES:

Chris Janvier provided feedback on an opportunity to present the work of NAMI at Allstate during their volunteer kick-off meeting. He presented information on getting a NAMIWalk team assembled as well as various volunteer activities available. He also provided dates for upcoming opportunities at the Lions Club. Chris and NAMI-TC will be spotlighted in May.

TABLED ITEMS:

Member survey.

Funds for mementos for Stepping Up Initiative participants.

ADJOURNMENT:

Meeting was adjourned at 7:42 pm. Next regular meeting is on May 05, 2016.

Respectively submitted,

Ruth Collins, Secretary